

NEURO-AGILITY?

Neuro-agility is about optimizing the brain-based elements that influence the ease, speed & flexibility with which you think, learn & process information. Developing & optimizing these elements, are the starting point to improve your brain fitness & mental flexibility in order to thrive & be more employable, successful & effective in a volatile, uncertain, complex & ambiguous (VUCA) world.

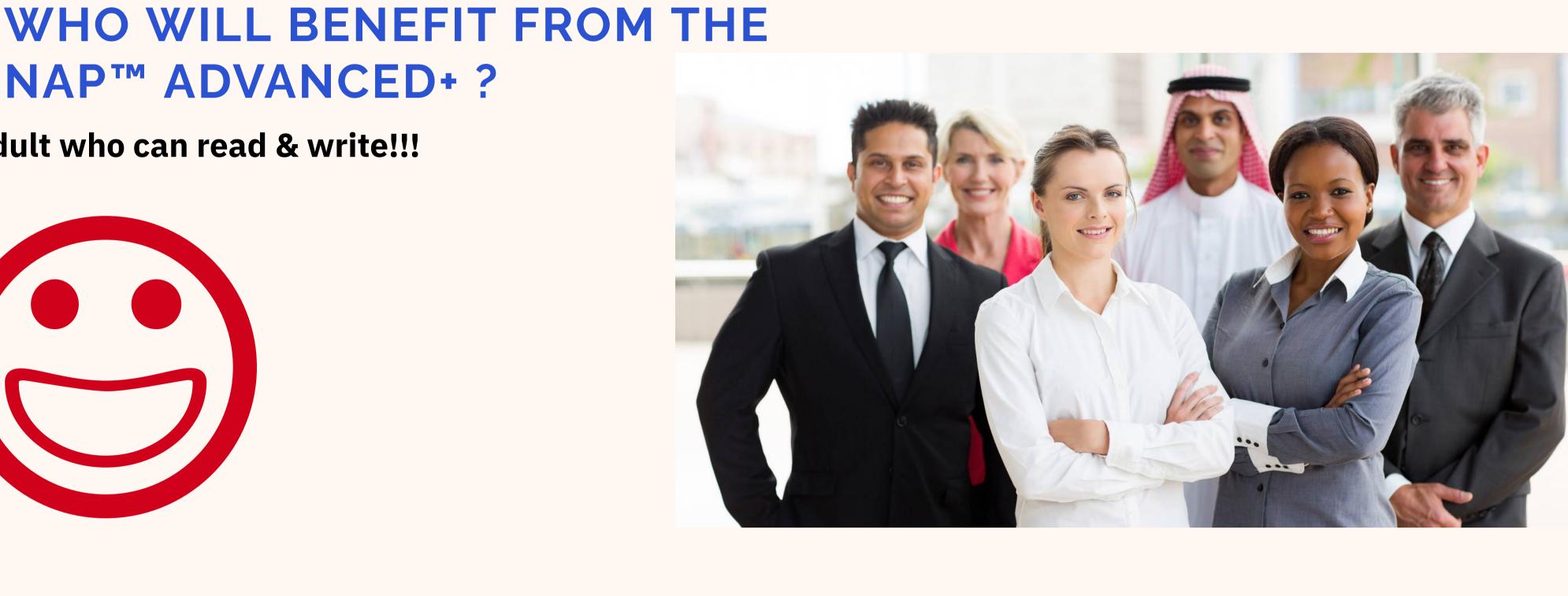
NAP™ is an abbreviation for the **N**euro **A**gility **P**rofile™ assessment. The Advanced+ is the most comprehensive, multi-dimensional brain profile assessment of its kind. It measures 13 elements that influence the ease, speed & flexibility with which you learn, think & process information. The purpose of the NAP™ Advanced+ is to identify your unique potential & optimize your mental flexibility, brain fitness & brain health.

WHAT IS THE NAP™ ADVANCED+









PERFORMANCE IMPROVEMENT

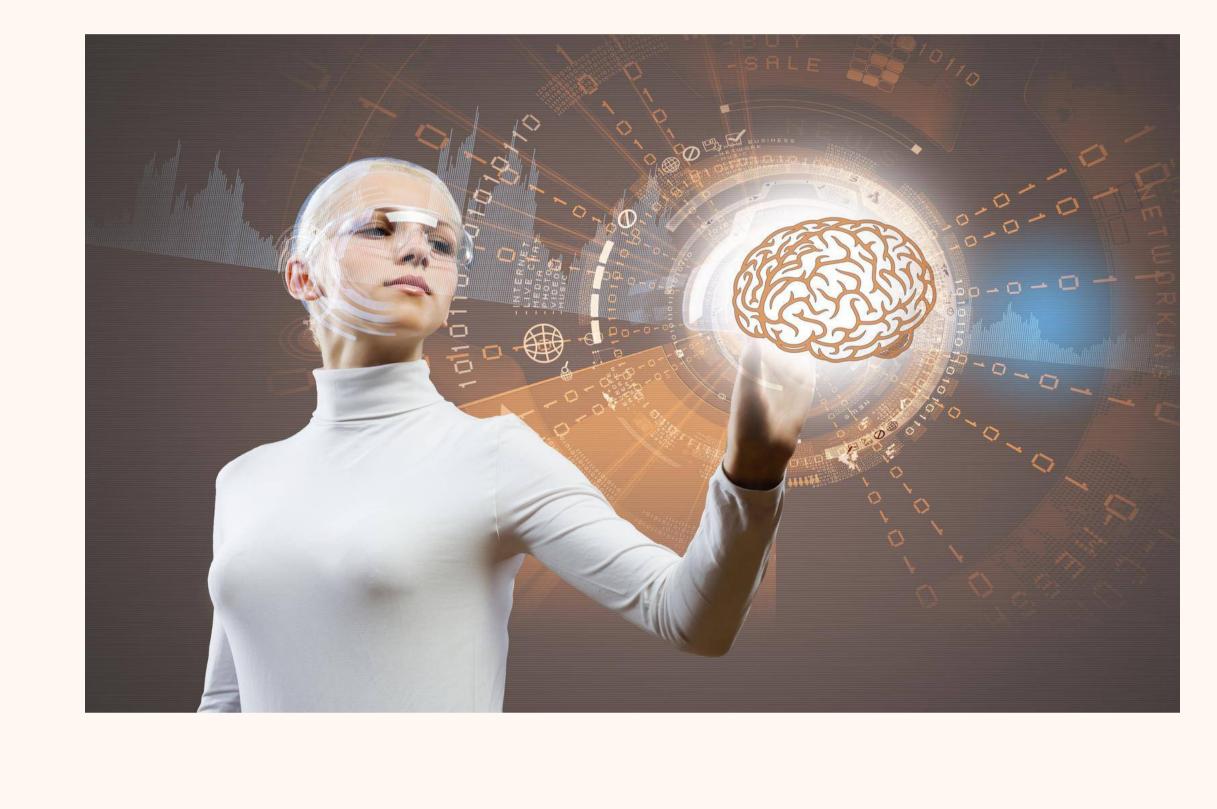
WHAT IS THE NAP™ **ADVANCED+ USED FOR?** Mental agility improvement

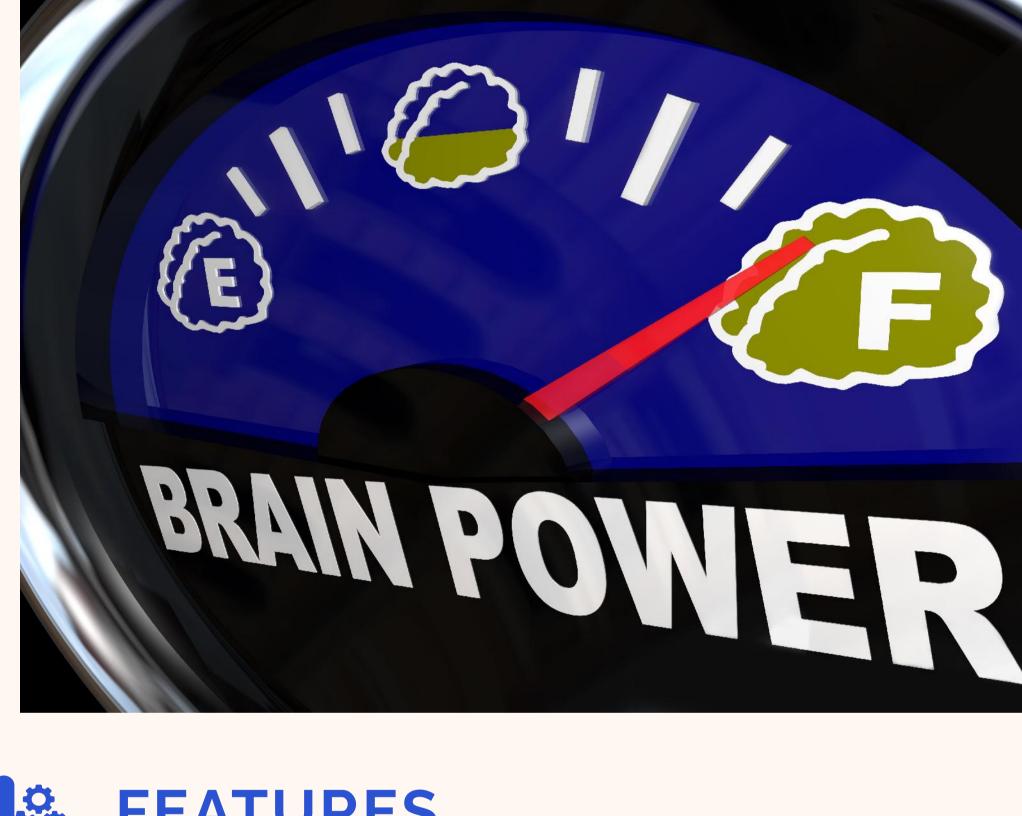
- Brain fitness optimization
- Talent selection
- Talent development
- Reduce risk for human error
- Improve brain health & wellness
- Accelerate learning & thinking Develop high performing, agile teams

ELEMENTS EVALUATED IN THE NAP™ ADVANCED+



- Relative lateral preference
- Expressive receptive preference
- 4 figurative thinking & learning languages
- Rational emotional preference Information processing style
- Learning preferences
- 11 intelligence preferences Neuro-design flexibility dashboard





Brain Performance Brain agility

6 Drivers to Optimize

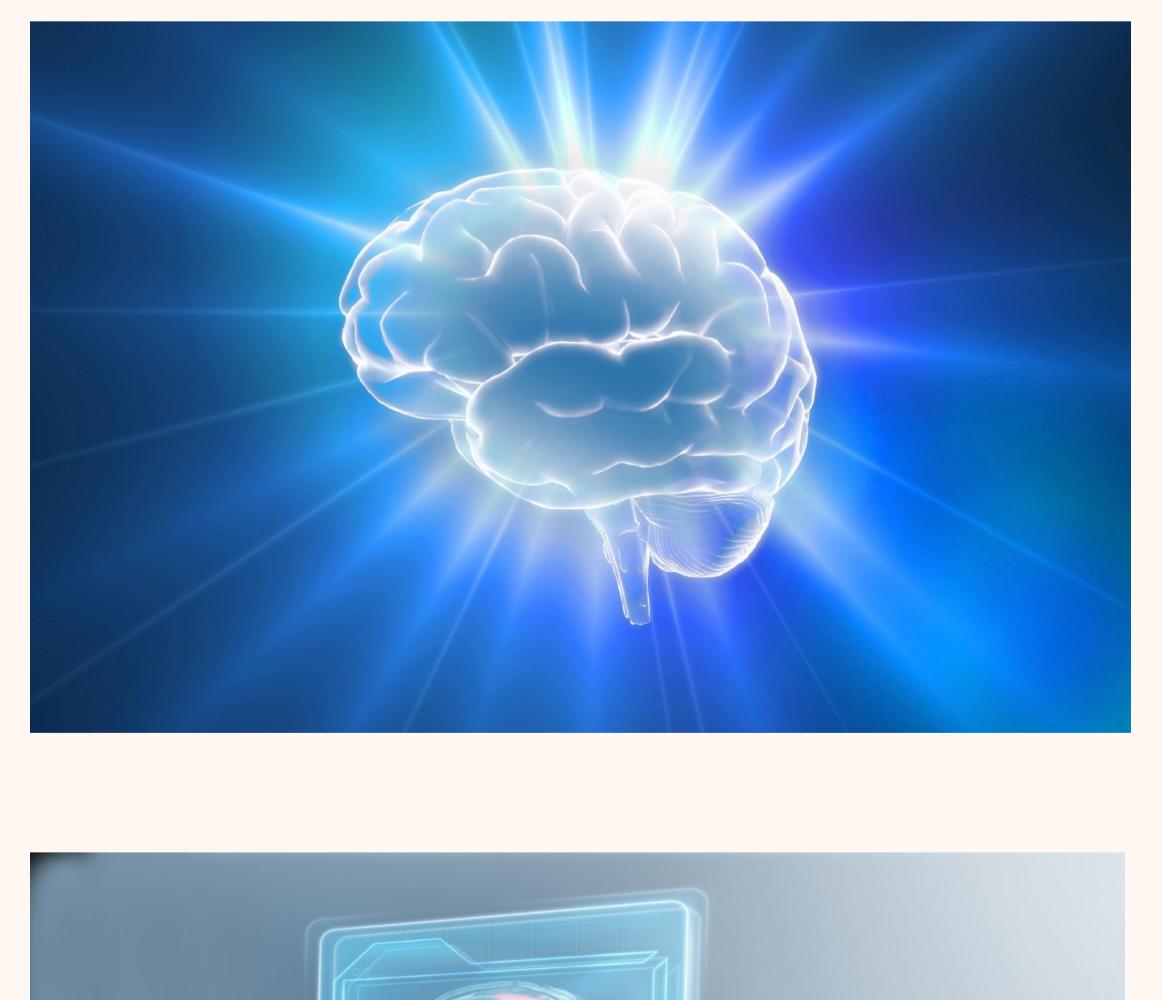
- Stress coping skills
- Sleep
- Movement & exercise
- Mindset / attitude
- Brain food Overall brain fitness dashboard

Neuro-agility dashboard

FEATURES • 180 easy online questions (30-45 minutes

- to complete) 29 page online report illustrating 13
- elements of neuro-agility & offering suggestions to optimize your neuro-agility Automated debriefing video
- Post-evaluation 6-12 months later
- Translated into various languages





Understand your amazing neurological design

BENEFITS

- Accurate awareness of your unique potential Understand how you are talented / smart
- Align your neuro-design with your job functions & career choices
- Increase your mental flexibility
- Agile thinking & learning Optimize your overall brain fitness
- Strengthen your brain health Accelerate brain power skills like complex
- Cope with stress & fatigue more effectively Better work / life balance

problem solving & critical - creative thinking

- Reduce your risk for human error Better learning results
- Improve your confidence Clearer social awareness of others
- Understand different roles of team members
- Optimize team agility Improve emotional intelligence & agility

