



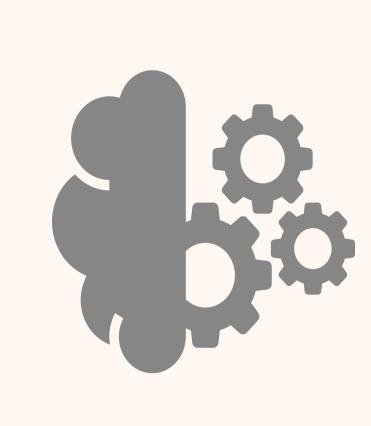
### WHAT IS THE **BRAIN AGILITY** BOOSTER PROGRAM?

BRAIN AGILITY BOOSTER is an online brain performance optimization program. The purpose of this program is to assess & improve the brainbased elements that impact the ease, speed & flexibility with which you learn, think & process information. During this program, you will learn skills to improve your brain fitness & mental flexibility. The program starts with completing your **N**euro **A**gility **P**rofile™ (NAP™) assessment. Subsequently, it offers practical solutions, skills & actions to optimize brain performance, promote brain health, develop potential & reduce your risk for error.



### WHAT IS THE NAP™ BRAIN PROFILE?

NAP™ is an abbreviation for the **N**euro **A**gility **P**rofile™ brain profile assessment. The NAP™ is the most comprehensive, multi-dimensional, non-invasive neuroscience assessment of its kind. It measures 13 brain-based elements that influence the ease, speed & flexibility with which you learn, think & process information. The purpose of using this assessment in the BRAIN AGILITY BOOSTER PROGRAM is that it serves as the starting point to identify your unique potential & identifies areas in which you can improve brain fitness & mental flexibility.





Any person old enough to use a computer!!!







## WHY BRAIN TRAINING?

- learn, think & process information faster & easier
- Optimize mental flexibility
- Improve brain fitness Accurately identify potential
  - Develop talent
- Reduce risk for human error
- Improve brain health
- Accelerate learning & thinking

Improve learning & thinking results



### PROGRAM CONTENT



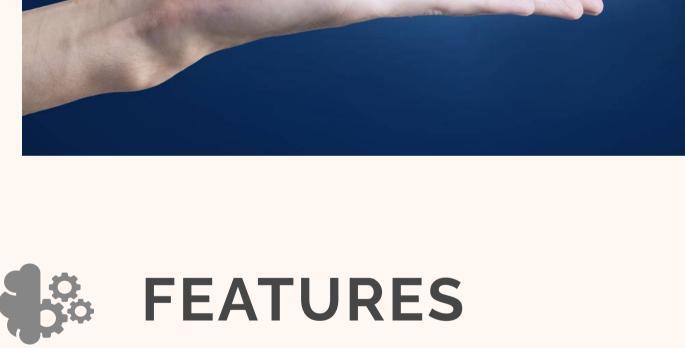
- Complete your NAP™ questionnaire
- Listen to the automated debriefing Discover your amazing neuro-design
- Your neuro-design flexibility dashboard
- Your overall brain optimization dashboard
- Identify areas for further development
- Your neuro-agility dashboard
- Create your own personal development plan





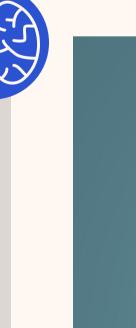
### Online Brain-Based **Learning Solutions** Learn how your brain works

- Improve neuro-agility
- Skills to improve your neuro-design flexibility (7 videos)
- Skills to optimize the drivers that impact your overall brain fitness (18 videos)
- Finalize your neuro-agility action plan



- 180 easy online questions 29-page online report
- Automated NAP™ debriefing video NAP™ post-evaluation 6-12 months later
- 13 hours video training (28 videos) Comprehensive Brain Agility Booster Manual
- Brain Agility Booster Action Plan
- Certificate of completion





# PERFORMANCE IMPROVEMENT



# **OUTCOMES**

After implementing the skills you have learnt on this course, you will be able to:

- Enhance your employability, success & efficiency
- Understand your neurological design
- Accurate awareness of your unique potential and how you are talented/smart
- Align your neuro-design with your job functions & career choices
- Increase your mental flexibility
- Accelerate agile thinking & learning Optimize your overall brain fitness
- Increase your brain health
- problem solving & critical/creative thinking

• Increase brain power skills like complex

- Cope with stress & fatigue more effectively Better work/life balance
- Reduce your risk for human error
- Improve your learning results Strengthen your confidence
- Increase your overall state of happiness Improve emotional intelligence & agility

