WHOLE BRAIN LEARNING SKILLS

Learning how to learn

neuro-link

A VUCA WORLD

Constant disruptive change has created a VUCA world of **v**olatility, **u**ncertainty, **c**omplexity, & **a**mbiguity. It is redefining what skills will be necessary to not only survive, but thrive in a VUCA world. One of your brain's main functions is to help you survive. Your brain's neuroplastic ability to adapt and learn, has quickly become the X factor to future proof yourself against disruptive change. By developing & optimizing your whole brain learning skills, you can thrive and achieve unparalleled success in a VUCA world.

WHAT IS WHOLE BRAIN LEARNING ABOUT?

WHOLE BRAIN LEARNING is an online brain performance optimization program. The purpose of this program is to assess & improve the brain-based elements that impact the ease, speed and flexibility with which you learn, think and process information, as well as learning skills to learn faster, easier & achieve better thinking & learning results. The program starts with completing your **N**euro **A**gility **P**rofile™ (NAP™) assessment. Subsequently, you will learn skills to study faster and easier and obtain better results.

WHO BENIFITS?

Any child, student or adult who is still studying & wants to learn faster, easier & achieve good learning results!!!

BENEFITS OF THIS PROGRAM

- Improve your learning results
- Learn how to reduce volumes of information
- Learn faster & easier
- Increase your brain fitness
- Reduce risk for error
- Improve your concentration
- Improve your memory
- Make informed subject & career choices
- Cope with learning stress

PROGRAM CONTENT

Whole Brain Learning consists of 9 modules:

- Discover your unique learning potential
- Approach to learning & reducing information
- Note-taking skills
- Memory skills
- Concentration skills
- Exam skills
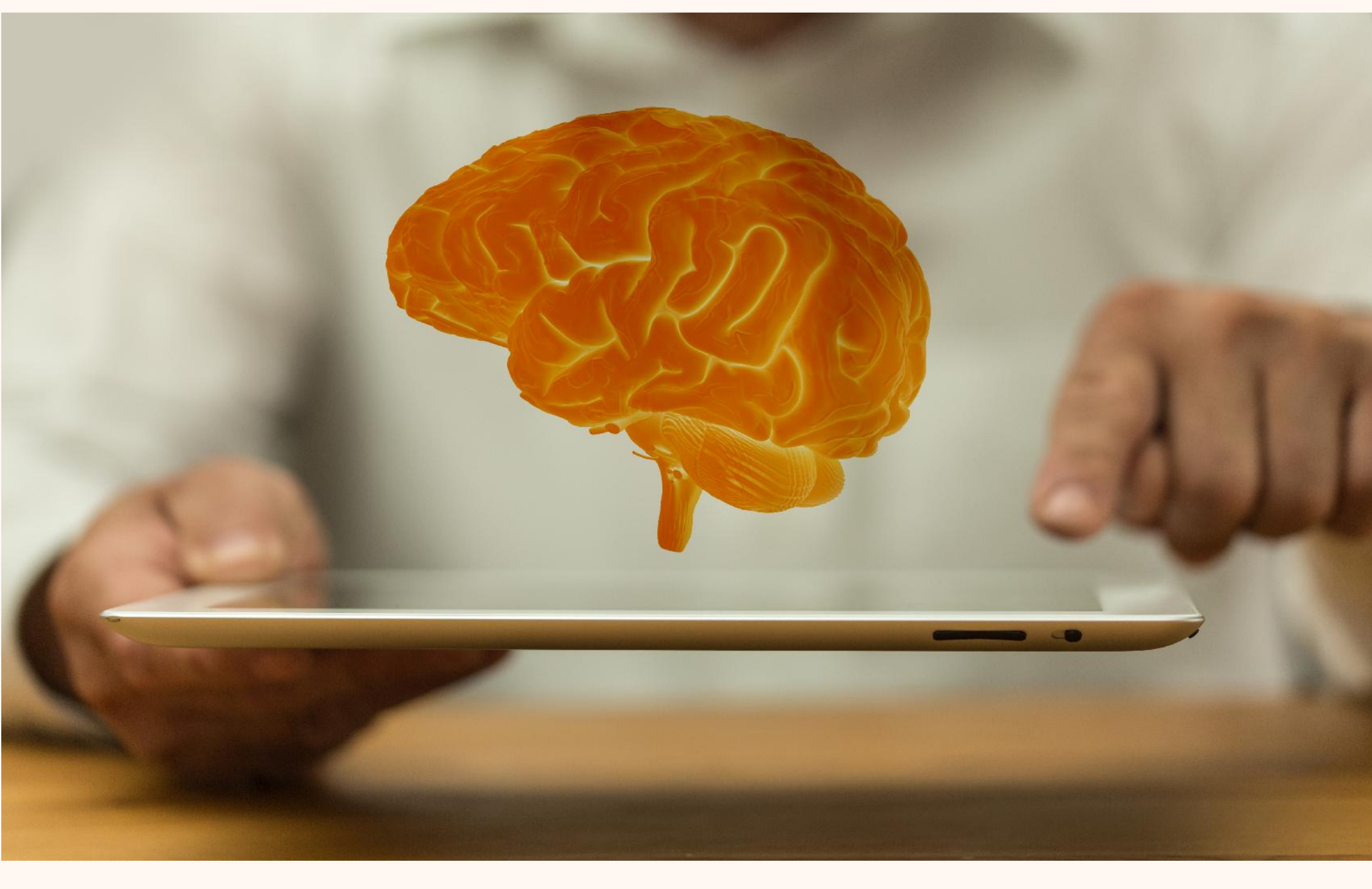
FEATURES

- NAP™ Brain Profile report
- Automated debriefing video
- Post-evaluation of your NAP™
- 11 videos – 5.5 hours duration time
- Whole Brain Learning Manual
- Infographics

OUTCOMES

After implementing the skills you learnt on this course, you will be able to:

- Learn faster & easier
- Improve your learning results
- Identify & minimize neurological hinderances
- Understand your neuro-design & learning potential
- Increase your brain fitness
- Align your subject and/or career choices with your neuro-design
- Concentrate more effectively
- Take effective notes
- Reduce volumes of information effectively
- Use your memory more effectively
- Cope with learning stress
- Approach testing situations more effectively

LEARNING AGILITY

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